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836P Outcome of PD-1 inhibitor therapy of advanced melanoma patients according to demographic factors in a real-world setting across Europe

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Background: Treatment with programmed cell death protein (PD-1) blocking antibodies substantially improves prognosis of melanoma patients. However, there is still limited evidence how baseline demographics influence treatment efficacy in real world practice.

Methods: This registry-based observational study evaluated the therapy outcome of 1046 melanoma patients who were treated with single agent PD-1 inhibitors in the advanced setting. Demographic and baseline variables were analysed in respect to differences in overall survival (OS), time to next treatment after PD-1 inhibitor treatment (TTNT) and other outcome variables.

Results: For melanoma-specific OS, many factors were not significantly relevant. However, among the statistically significant factors (age, ECOG, LDH, line of treatment and AJCC stages M1c and M1d) the age effect was of particular interest. When grouping patients into three age groups (<70/70-80/>80) there was a higher risk of melanoma related death for patients aged 70-80 years (multivariable HR (95% CI): 1.51 (1.02-2.2)) and patients older than 80 years (multivariable HR 1.78; 95% CI 1.04-3.0). Median melanoma specific OS was not reached for patients younger than 70 years, 33.6 (31.7–nr) months for patients between 70 and 80 years, and 30.3 (20.4–nr) for patients older than 80 years. For TTNT a significant effect of age could not be observed. Objective response rate (ORR) was slightly elevated in the age group 70-80 years (47%; $p = 0.04$) as compared to younger patients (39.6%) and patients older than 80 years (39.7%). Also, median PFS (95% CI) was 9.9 (7.6-14.1) months for patients younger than 70 years, 12.9 (8.6-18.4) months for patients between 70 and 80 years and 9.3 (6.9-12.3) for patients older than 80 years.

Conclusions: The different survival outcomes showed less benefit of PD-1 inhibitor therapy in patients older than 80 years compared to younger patients. The most likely explanation could be a generally reduced immunoreactivity with increasing age. However, ORR and PFS were slightly higher in the age group of 70-80 years as compared to younger patients. These results suggest a complex relationship between age and response to immune checkpoint inhibition.

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Outcome of PD-1 Inhibitor Therapy of Advanced Melanoma Patients according to Demographic Factors in a Real-World Setting across Europe

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Background and Study objectives

Anti-PD-1 checkpoint inhibitors have shown significant efficacy and durable benefit in clinical trials in metastatic melanoma. They reduce risk of disease progression and death compared to former standard-of-care chemotherapy or CTLA-4 inhibition in both treatment-naïve and pretreated patients. We evaluated the anti-PD-1 treatment outcome, stratified by BRAF status and line of treatment in cases from the EUMelaReg treatment registry to investigate the transition of clinical trial results into real-world practice.

Results

In total 1,210 (79.5%) of the patients received anti-PD-1 (Pembrolizumab or Nivolumab) monotherapy as 1st line treatment (treatment-naïve) and 292 (20.4%) as 2nd line treatment (pretreated). In the treatment-naïve subgroup the majority of patients had BRAF wildtype melanoma (55.0%), whereas 80.1% of tumors in the pre-treated group were BRAF mutated. For various co-variables there were significant imbalances between strata, including age, comorbidity index and clinical stage, with more favorable prognostic variables for treatment-naïve patients especially in the BRAF mutated subpopulation. We found that median OS, TTNT, TOT, and PFS were longer in treatment-naïve patients than in pre-treated patients regardless of BRAF status. In the stratified analysis only OS was significantly altered between BRAF mutated and Wildtype patients [median OS: 60.6 (48.2-NR) mths. vs. 58.2 (35.8-NR) mths. in the treatment-naïve subgroup, however in the adjusted Cox regression, there was no difference. ORR and DCR did not differ between BRAF mutated and Wildtype patients neither in treatment-naïve nor pre-treated patients.

Conclusions

PD-1 monotherapy after prior non-adjunct treatment performed worse than application as 1st line treatment, especially pronounced in patients with BRAF mutated melanoma. This can be partly attributed to baseline imbalances with an unfavorable prognosis in this subgroup. However, after adjustment for confounding variables PD-1 as 1st line treatment was still superior. Additionally, BRAF mutated patients treated with PD-1 inhibitors as 1st line treatment showed favorable prognosis likely due to a viable option as 2nd line treatment. Due to the nature of real-world observational data causing inherent imbalances in the treatments cohorts and being unable to account for potential unknown confounders, outcome parameters may still be biased despite adjustment efforts.

Methods

From the EUMelaReg treatment registry, 1,502 patients fulfilling the following inclusion criteria were collected as evaluable cases. 1) Patients with unresectable or metastatic melanoma (first diagnosis after Jan 1st 2016) 2) Application of at least one dose of PD-1 monotherapy in the non-adjunct setting. Multivariable Cox regression analysis as well as multiple imputation were applied to control for bias from baseline imbalances.

Table 3: Clinical outcome

Parameter	Treatment-naïve (N=1,210)		Pre-treated (N=292)		Overall* (N=1,502)
	Mutated (N=665)	Wildtype (N=787)	Mutated (N=234)	Wildtype (N=51)	
OS (months)	60.6 (48.2)	58.2 (35.8)	60.6 (48.2)	58.2 (35.8)	60.6 (48.2)
TTNT (months)	24.1 (15.2)	24.1 (15.2)	24.1 (15.2)	24.1 (15.2)	24.1 (15.2)
TOT (months)	30.5 (18.8)	30.5 (18.8)	30.5 (18.8)	30.5 (18.8)	30.5 (18.8)
PFS (months)	11.4 (7.2)	11.4 (7.2)	11.4 (7.2)	11.4 (7.2)	11.4 (7.2)
ORR (%)	33.2	33.2	33.2	33.2	33.2
DCR (%)	18.5	18.5	18.5	18.5	18.5

Table 1: Baseline patient characteristics

Characteristic	Treatment-naïve (N=1,210)		Pre-treated (N=292)		Overall* (N=1,502)
	Mutated (N=665)	Wildtype (N=787)	Mutated (N=234)	Wildtype (N=51)	
Age (years)	63.7 (14.7)	70.5 (12.0)	62.9 (13.2)	63.5 (12.4)	67.1 (13.5)
Mean (SD)	63.7 (14.7)	70.5 (12.0)	62.9 (13.2)	63.5 (12.4)	67.1 (13.5)
Median (Min, Max)	65.0 (20.0, 99.0)	73.0 (26.0, 94.0)	62.0 (24.0, 88.0)	66.0 (30.0, 82.0)	69.0 (20.0, 94.0)
Gender					
Female	146 (40.0%)	286 (36.3%)	100 (42.7%)	25 (49.0%)	188 (38.8%)
Male	219 (60.0%)	501 (63.7%)	134 (57.3%)	26 (51.0%)	503 (61.2%)
Charlson comorbidity score					
Mean (SD)	2.15 (1.50)	2.74 (1.24)	1.87 (1.38)	2.33 (1.42)	2.44 (1.43)
Median (Min, Max)	2.00 (0.0, 7.00)	3.00 (0.0, 8.00)	2.00 (0.0, 8.00)	3.00 (0.0, 8.00)	3.00 (0.0, 8.00)
ECOG					
0	220 (66.3%)	385 (48.9%)	107 (45.7%)	29 (56.9%)	748 (50.9%)
1	67 (18.4%)	192 (24.4%)	70 (29.9%)	11 (21.6%)	347 (23.1%)
2	12 (3.3%)	40 (5.1%)	23 (9.8%)	2 (3.9%)	81 (5.4%)
Unknown	63.7 (14.7)	70.5 (12.0)	62.9 (13.2)	63.5 (12.4)	67.1 (13.5)

Table 2: Baseline tumor characteristics

Characteristic	Treatment-naïve (N=1,210)		Pre-treated (N=292)		Overall* (N=1,502)
	Mutated (N=665)	Wildtype (N=787)	Mutated (N=234)	Wildtype (N=51)	
LDH					
Normal	188 (28.3%)	385 (48.9%)	91 (39.7%)	20 (39.2%)	705 (46.9%)
Increased	58 (26.8%)	215 (27.6%)	85 (37.6%)	17 (33.3%)	451 (30.0%)
Unknown	79 (21.6%)	167 (21.2%)	33 (14.5%)	14 (27.5%)	346 (23.1%)
ACC Stage					
Stage III	24 (6.4%)	54 (6.9%)	9 (3.8%)	6 (11.8%)	103 (6.9%)
Stage IV M1a	107 (29.3%)	181 (23.0%)	56 (24.4%)	10 (19.6%)	341 (22.8%)
Stage IV M1b	79 (20.3%)	171 (21.7%)	21 (9.0%)	6 (11.8%)	295 (19.8%)
Stage IV M1c	114 (31.2%)	282 (35.8%)	86 (37.2%)	17 (33.3%)	514 (34.2%)
Stage IV M1d	45 (12.3%)	99 (12.6%)	32 (13.9%)	12 (23.5%)	293 (19.7%)
Number of metastatic sites					
0	195 (29.3%)	369 (46.9%)	102 (43.6%)	24 (47.1%)	728 (48.3%)
1	90 (26.8%)	210 (26.7%)	54 (23.5%)	14 (27.5%)	380 (25.3%)
≥ 3	76 (20.8%)	208 (26.4%)	78 (33.3%)	18 (35.3%)	388 (25.8%)
Type of melanoma					
Cutaneous	316 (86.6%)	626 (79.5%)	200 (85.5%)	40 (78.4%)	1,242 (82.7%)
Mucosal	6 (0.2%)	18 (2.3%)	1 (0.4%)	3 (5.9%)	43 (2.9%)
Misc	49 (13.4%)	123 (15.6%)	33 (14.3%)	8 (15.7%)	217 (14.4%)

*This column contains OS patients with unknown BRAF status. ACC: American Joint Committee on Cancer. ECOG: Eastern Cooperative Oncology Group. LDH: lactate dehydrogenase. M1a: unknown primary. Treatment-naïve: Patients who received non-adjunct and PD-1 treatment as a 1st line therapy. Pre-treated: Patients who received non-adjunct therapy prior to second PD-1 application.

Figure 1: Survival outcomes grouped by Treatment history and BRAF status

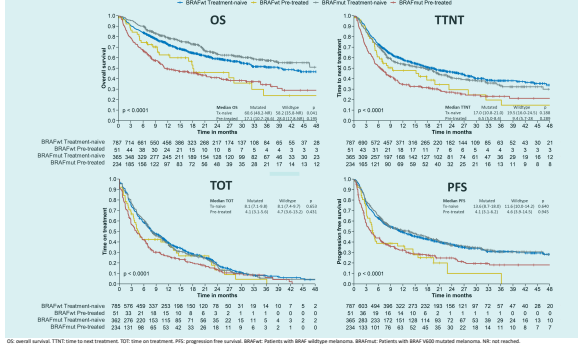
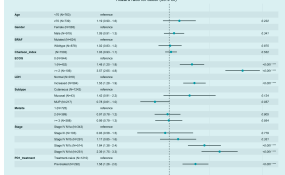


Figure 2: Multivariable Cox regression for OS



Additional information

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